

## **High School Enrichment and Athletic Activities – The Antidote to “I have nothing to do”**

Citizens for Education recently surveyed high school principals to determine the range of enrichment activities, trips, and clubs offered at each school. This is the last article in our three part series highlighting the enrichment activities found in all CR schools. The articles and table listing of all activities from the elementary, middle and high schools can be found on our website at [www.citizensforeducation.com](http://www.citizensforeducation.com).

The following highlights some of the area specific activities offered at both high schools, unless otherwise noted:

### Academic Clubs and Honor Societies:

- Students at both high schools who attain the requirements have the opportunity for membership in National Honor Society.
- There are specific curricular Honor Societies for English, Math, Science, and Social Studies.
- In World Language, French, German, Latin and Spanish National Honor Societies are offered to eligible students, coincident with participation in French Club, German Club, Latin Club and Spanish Club. At North, students participate in the Bucks County World Language competition.
- Athletes, Reading Olympics, and Debate Clubs. Students at South have the Scholars Bowl Team.

### After School Sports:

- Fall: cross country, field hockey, football, golf, soccer, and womens tennis and volleyball
- Winter: basketball, bowling, indoor track, swimming, and wrestling.
- Spring: baseball, lacrosse, softball, track and field, and mens tennis and volleyball.
- Cheerleading is offered all year, as are various intramural activities such as Ultimate Frisbee.

### Music and the Arts:

- There are several band and orchestra groups, various choral groups, and the theater groups (Sock ‘n’ Buskin at North, Golden Wings at South).
- Annual trips to the PA State Thespian Festival and the International Thespian Festival taken by the Sock “n” Buskin theater troupe at Council Rock North.
- For several years, students in the music department at Council Rock South have had the prestigious honor of performing at The White House in Washington, DC.
- Music Department trips to foreign countries to perform.
- Music Department students also participate in several competitions and festivals and hold several community concerts throughout the year.
- Other clubs: Art Forum, Dance Club, Artistic Design Club.

### Health, Environmental and Civics Clubs: (School specific clubs denoted by N or S)

- Aids Awareness, American Red Cross Club (N), Breast Cancer Awareness (S), Environmental Action Club, Health Activism Club (N) and the Pro-Life Club (S).
- SADD, CR Cares, Gay/Straight Alliance, Coalition for Healthy Youth, Key Club
- Local, National or World event clubs such as the Interact Club, Greater Philadelphia Project (S), Operation Africa (N), Relay for Life (N), and UNICEF Club (S).
- Model UN, Political Science Club, FBLA (Future Business Leaders of America), SAB (Student Advisory Board), SEB (Student Executive Board),

The lists above are just a sampling of the many diverse clubs and enrichment activities that students can participate in, both at school and through school trips. Some of the more unique clubs include the

Doctor Who Club, Free Thinkers, Procrastination Club, and Strategy and Role Playing, along with about 50 more too numerous to name. A complete list of all activities can be found on our website, referenced above. Finally, seniors have the opportunity to go on an enrichment trip to the Happiest Place on Earth – Disney World, of course!

Enrichment, extracurricular activities and athletics may positively impact students' success. Not only are they having fun and being encouraged to interact with their peers, such activities can enhance time management and stress management skills and can increase a candidate's appeal when applying for college. Many of the activities are supported by CR staff, PTO leadership and volunteers who seek to be positive role models for students. CFE commends the many volunteers and staff for their efforts to provide a well rounded array of fun and enriching activities for students. Updates to the table can be forwarded to [Citizens4Ed@yahoo.com](mailto:Citizens4Ed@yahoo.com).